

# WASTE AWARENESS NEWSLETTER

WORKING TOGETHER TO MAKE LANDFILL OUR LAST CHOICE



JULY 2022

## LOCAL WASTE NEWS

### BRINGING SCIENCE TO YOUR SCHOOL

The team at Scion have teamed up with House of Science to bring schools a “Load of Rubbish”.

House of Science is an awesome NZ-based trust bringing science to teachers and tamariki across the country. Their latest offering a “Load of Rubbish” / He Putunga Para is a bilingual resource kit filled with everything children and teachers need to know to choose sustainable packaging, and understand their journey at end-of-use.

With the support of HDC’s Waste Minimisation Fund, a second “Load of Rubbish” / He Putunga Para kit will now be available to Hawke’s Bay schools. This can be borrowed (alongside kits on other topics) by the 18 schools in the region who are signed up to the programme.

Find out more [here](#).



Photo source: House of Science

**Christchurch**  
6 & 7 August

**Wellington**  
5 & 6 November

**Tauranga**  
19 & 20 November

**Hawke's Bay**  
20 & 21 August

**Auckland**  
12 & 13 November

**GREEN EXPO**  
THE SUSTAINABLE LIFESTYLE SHOW

Photo Source: Go Green Expo

## SEEING GREEN!

Our Waste Minimisation Team will be setting up shop at Hawke’s Bay’s very first [Go Green Expo](#). Come along and chat to us about how we can make landfill your last choice.

### August 20 – 21

### Pettigrew Green Area

## KNOW BEFORE YOU THROW



Check out the 'Know before you throw' A-Z Guide to find out how to reduce, reuse, recycle and dispose of your waste.

## PLASTIC FREE JULY

Congratulations to Helen Howard, the winner of our Plastic FREE July give away.

Helen told us "I love to switch out shampoo and conditioner in plastic bottles with shampoo and conditioner bars. I have used bars for a while now and they are fabulous and last for 3 to 4 months."

Thanks for sharing your top plastic free tips with us. Tino pai.



## BUILD YOUR KNOWLEDGE WITH TRADIE BREAKFASTS

We're really excited to have been working alongside 3R Group to bring you Tradie Breakfasts.

Unfortunately due to an increase in cases of COVID-19 in our community these events have been postponed.

We are glad to share the following new dates. We invite you to hear from local experts who are passionate about helping you make a difference on-site.

- **Tuesday 23 August, 7am – 8am**  
Principles of reducing waste
- **Tuesday 6 September, 7am – 8am**  
Material recovery strategies
- **Tuesday 20 September, 7am – 8am**  
Procurement and design for waste reduction

Spaces are limited. [Register online](#) now.

For more information on Tradie Breakfasts, or if you have a question about construction & demolition waste contact us at [reducewaste@hdc.govt.nz](mailto:reducewaste@hdc.govt.nz)



## MEET RACHEL

**Rachel Milne has joined us as our Waste Community Engagement Advisor.**

Rachel has come from the Department of Conservation in Hamilton, where she was working on community and business partnerships. Participating in the Plastic Free July challenge sparked Rachel's interest in waste – and she highly recommends taking the challenge! In her new role you'll find Rachel reducing waste at events and supporting our minimisation campaigns. She is excited to inspire you to play your part in achieving our waste minimisation goals.

**Welcome to the team Rachel.**

## NATIONAL WASTE NEWS

### GOT IDEAS TO REDUCE WASTE?

The Ministry for the Environment has created a new [interactive map](#) filled with information on waste minimisation projects they have funded.

Take a look around and check out some exciting projects reducing waste across the country.

Have a local project? We want to hear from you! Our small waste minimisation fund is open to businesses, schools, individuals, and charities with awesome ideas to reduce waste.

Not sure where to start? Email the team at [reducewaste@hdc.govt.nz](mailto:reducewaste@hdc.govt.nz)

Got  ideas to  
 reduce waste?  
We've got  
 funds to help!



Photo Source: Sustainability Trust

### MISSED THE SUSTAINABILITY EXPO 2022? WE'VE GOT YOU!

Parliament hosted New Zealand's very first Sustainability Expo on June 8, 2022.

Bringing together businesses, not-for-profits, government, councils, tamariki, and members of the public – papatūānuku was firmly at the centre of this awesome event.

Our team loved hearing about the “sharing economy” – the idea that we can move away from needing to individually own stuff, to instead sharing, renting, or communally owning items.

To get involved in the sharing economy, try out an Again Again cup at a participating Hastings café, or think about renting or borrowing the next time you need to buy stuff! You can find a load of New Zealand businesses leading the sharing economy at [The Sustainable Business Network](#).

And for everything you need to know from the 2022 Sustainability Expo click [here](#).

# INTERNATIONAL WASTE NEWS



Photo Source: Delicious AU

## THIS NEWS HAS US FEELING LIKE THE CUP'S HALF FULL

Since 2020 New Zealand has been working towards the phase out of hard-to-recycle plastics. Now, two Australian states are following suit.

Queensland and New South Wales' governments have announced plastic microbeads, polystyrene packing peanuts and plastic-stemmed cotton buds will no longer be available for sale. And, Queensland has plans to phase out single-use coffee cups by 2027.

The impact of these changes adds up! Did you know in just one year, using five single-use cups a week uses nearly a kilo of plastic, five kilos of timber, and creates nearly 10 kilos of CO<sub>2</sub>!

## EDUCATION



Photo Source: Plastic Free July

## GETTING YOUR HABITS TO STICK – FOR PLASTIC FREE JULY AND BEYOND

Plastic Free July® is a global movement that helps millions of people become part of the solution to plastic pollution.

For lots of us, Plastic Free July is an ideal opportunity to pick up a new habit that reduces the single-use plastic we use. Maybe this month you've ditched single-use take away containers, or skipped using plastic bin liners. Whatever it is – our team has put together their top tips for making a new habit last.

If you didn't get involved in Plastic Free July, it's not too late! Use these tips as your starting point.

- 1. Stack your habits.** The best way to form a new habit is to tie it to an existing habit. Look for patterns in your day and think about how you can use the habits you have to create new changes. Does each morning look like waking up, making a cup of tea, washing your face? Make it a part of your routine to pick up your loose leaf tea, and grab your solid face wash.
- 2. Start small.** Big behavior changes require a big push of motivation that can be difficult to keep up. Instead, start with a tiny habit. Try committing to one thing like only buying coffee if you have a keep cup, or the time to sit in and enjoy it.
- 3. Make it easy.** We're more likely to stick with new habits when we clear away the obstacles that stand in our way. Packing your gym bag and leaving it by the door is one example of this. We love keeping a reusable pack in our bag, or at work. Pull together a bag with a reusable cup, cutlery, container, and napkin for when you're on the go.

**5 FAMILY DINNERS**  
for under **\$100**



## LOVE FOOD HATE WASTE RECIPE

Love Food Hate Waste has just released its latest [seasonal meal planner](#). We're loving the look of Friday night's sticky lemon chicken – a great way to make the most of seasonal produce.



## WORKING TOGETHER TO MAKE LANDFILL OUR LAST CHOICE



Hastings District Council  
207 Lyndon Road East, Hastings 4122  
06 871 5000

[hastingsdc.govt.nz/waste](http://hastingsdc.govt.nz/waste)



**HASTINGS**  
DISTRICT COUNCIL  
Te Kauhīhera ā-Rohe o Heretaunga