

GETTING STARTED

Fundamental Skills Programme (Disability)



**GET
STARTED
TODAY!**

ABOUT THE PROGRAMME

The Getting Started Programme is specifically designed for primary school children in Year 1 and 2 with physical and/or learning disabilities*.

During this eight week programme the children will complete circuits and stations that are specifically designed to stimulate motor development and fundamental brain patterning.

Each week the children will work on a different basic movement skills including; gross and fine motor skills, balance, hand-eye coordination, concentration and understanding, cross patterning for the brain, stimulated eye tracking and lateral and bi-lateral movements.

At the end of the course it is anticipated that there will be marked improvement in your child's classroom participation in activities as well as their confidence and self-reliance.

**some enrolment criteria applies*

For more information or to book your child into the programme

A. 503 Railway Road, Hastings **P.** 06 878 0051
www.hastingsdc.govt.nz/hastings-sports-centre

EIGHT WEEK PROGRAMME

LOCATION: Hastings Sports Centre

WHEN: Friday

TIMES: 10am -11am

COST: \$2/child per session

TERM 1: Feb 10th – March 21st

TERM 3: Aug 11th – Sept 29th

TERM 2: May 26th – July 7th

TERM 4: Oct 27th – Dec 15th

**Children must have their own transportation to and from the Centre.*



**HASTINGS
SPORTS CENTRE**